



FREDERICKSBURG ACADEMY

## ENRICHMENT II Classes: October 22-December 10

For more information: [www.fredericksburgacademy.org/for-families/falcon-club](http://www.fredericksburgacademy.org/for-families/falcon-club)

### CREATING MOVEMENT, Grades K-1, Mondays 3:45-4:30 p.m.

6 sessions, \$72, October 22, 29, November 5, 19, December 3, 10

Christin Pristas, Ballet Mistress of Fredericksburg Studio of the Arts, will guide students through creative movement exercises utilizing different styles of dance, working to increase rhythm and coordination. Continuing and beginner students are welcome. Students should wear socks and athletic clothing. *Maximum of 12 students*



### URIAH BENTICK SOCCER ACADEMY, Grades K-5, Wednesdays 3:45-4:45 p.m.

6 Sessions, \$72, October 24, 31, November 7, 14, 28, December 5

Coach Uriah Bentick and assistants will guide students through fundamentals, drills, and scrimmages. Students will increase fitness, gain knowledge of the game, and enjoy visits from and train alongside FA varsity athletes! *Minimum of 10 students*



### STEAM LITERATURE DISCOVERY, Grades 1-3, Fridays 3:30-4:30 p.m.

5 Sessions, \$60, October 26, November 2, 9, 16, 30

UMW Education student, Sabine Wills, will engage students with literature that introduces inquiry-based challenges in Science, Technology, Engineering, Arts and Math. Students will explore works such as *Bartholomew and the Oobleck*, *The Three Little Pigs: An Architectural Tale*, and *Twenty-One Elephants* and collaborate, innovate, and problem solve to build skills each week. *Maximum of 12 students*



### JUNIOR LACROSSE, Grades 2-6, Mondays 3:45-4:45 p.m.

6 Sessions, \$72, October 22, 29, November 5, 19, December 3, 10

Coaches Chris White and Jack Belodeau, with assistance from additional players and coaches from UMW's Men's and Women's Lacrosse Programs, will guide students through basics, drills, and scrimmages. The class will introduce new players to the game and help current players continue to develop stick skills. *Minimum of 12 students*



### HIP HOP DANCE: Grades 2-5, Thursdays 3:30-4:30 p.m.

6 Sessions, \$72, October 25, November 1, 8, 15, 29, December 6

Madie Bartosh, instructor at Fredericksburg Studio of the Arts, will guide students through fundamentals of the hip-hop style of dance, working to increase rhythm and coordination through creative movement. The class will practice steps to music and progress each week to perform a dance combo to a song by contemporary hip-hop artists.

*Maximum of 14 students, Caregivers invited to attend the final class observation, Thursday, December 6, 4:15 p.m.*



### LET'S GO FOR A RUN, Grades 4-8, Mondays and Thursdays 4:00-5:00 p.m.

8 Sessions, \$80, November 5, 8, 15, 19, 29, December 3, 6, 10

FA Cross Country Coach Camille Atkins and FA Varsity Cross Country athletes will motivate runners of all experience levels to push through their personal goals. Students will run or walk two to three miles each class meeting, and for the final run, will take a course to see holiday lights, returning to campus for cookies and hot cocoa! *Minimum of 4 students*



Questions? Email Meredith Hilleary, Director of Auxiliary Programs, at [mhilleary@fredericksburgacademy.org](mailto:mhilleary@fredericksburgacademy.org)

Online signup and payment available: <https://www.fredericksburgacademy.org/for-families/falcon-club>



# ENRICHMENT II Registration: October 22-December 10

FREDERICKSBURG ACADEMY

I would like to register my child/children for the following FA Enrichment class(es):

## CREATING MOVEMENT

**Grades K-1, Mondays 3:45-4:30 p.m., 6 sessions, \$72**

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Class Fee: \_\_\_\_\_

## URIAH BENTICK SOCCER ACADEMY

**Grades K-5, Wednesdays 3:45-4:45 p.m., 6 Sessions, \$72**

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Class Fee: \_\_\_\_\_

## STEAM LITERATURE DISCOVERY

**Grades 1-3, Fridays 3:30-4:30 p.m., 5 Sessions, \$60**

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Class Fee: \_\_\_\_\_

## JUNIOR LACROSSE

**Grades 2-6, Mondays 3:45-4:45 p.m., 6 Sessions, \$72**

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Class Fee: \_\_\_\_\_

## HIP HOP DANCE

**Grades 2-5, Thursdays 3:30-4:30 p.m., 6 Sessions, \$72**

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Class Fee: \_\_\_\_\_

## **LET'S GO FOR A RUN**

**Grades 4-8, Mondays and Thursdays 4:00-5:00 p.m., 8 Sessions, \$80**

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Class Fee: \_\_\_\_\_

**Checks Payable to Fredericksburg Academy, Memo: Enrichment Class, Child's Name Total Fee: \_\_\_\_\_**

I understand that Enrichment Classes are an extension of Fredericksburg Academy's learning program. Pricing includes Falcon Club between dismissal and class start time. There are no refunds for class days that school and/or afternoon activities are cancelled due to inclement weather.

Parent Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Email: \_\_\_\_\_ Parent contact number: \_\_\_\_\_ Text? Y/ N

**Questions?** Email Meredith Hilleary, Director of Auxiliary Programs, at [mhilleary@fredericksburgacademy.org](mailto:mhilleary@fredericksburgacademy.org)

*Return completed registration and payment to the Lower School Receptionist, Lisa Diskin*

**Online signup and payment available:** <https://www.fredericksburgacademy.org/for-families/falcon-club>